

quite easily. This is why BapDada sings the song of the specialities of the double foreigner children from His heart. Sumjha? He does not sing just to please you. Many children entertain themselves by saying that BapDada just wants to please everyone. Does BapDada praise you just to please you? No. He praises you for a reason, not just like that. You can ask yourself, "Does BapDada really mean that, or is he just trying to please me?" What do you think? Haven't you crossed all the high walls and come here? See, after so much labour, you buy a ticket to come here. The moment you return you start to gather money for the ticket. For all the twelve months you gather it. So BapDada is very happy on seeing the great love the children have and what methods they use to reach here. Ask those in distant lands how they reach here. Who has made the greatest effort to reach here? BapDada hears all the wonderful stories you tell each other about how you reached here. Don't worry, Baba knows everything.

To all those who are always in their combined forms, to those who are always in their angelic stage like the Father, to those who always experience themselves to be successful and through their powerful stage give visions to others, to such carefree children who are always certain of their victory, BapDada's yaad pyar and namaste.

24th February, 1984

Brahmin birth is a birth of Incarnation

BapDada comes into sound so that He may take all beyond sound. He comes in the corporeal world, into the corporeal body to make you angelic. Always keep this consciousness that you are angels having descended into the corporeal world into this corporeal body. Always think that you are incarnations having

incarnated in this corporeal world. With this consciousness you will always feel as if you are free from the bondages of karma even whilst coming into action. You will feel as if you are incarnations having incarnated from the higher regions for an elevated task. Always think that you originally belong to the highest regions but have come in the old world, and have taken the medium of the old body to perform acts for service, but the consciousness should be always of that highest region. This consciousness will always make you feel as if you are an incarnation. An incarnation means the one who always brings the Godly message. Always think that you are elevated souls who have incarnated in Sangam Yug for giving the Godly Message to souls so that they may have a meeting with God. The body you possess is no longer your own. You have given your body also to Baba. When you say "Everything is Yours", it means nothing is "mine". It means that the Father has given you the body on loan for service. Something which one has received on loan cannot be felt to be one's own. When you say that the body is not yours, then how can the consciousness of the body come? The soul, as well as the body, both become the Father's property. Then how can there be the limited consciousness of 'I' and "My"? The consciousness of 'I', is used only in the unlimited way. e.g. "I belong to the Father, as is the Father so am I the Master." The consciousness then becomes unlimited. The limited 'I', will create obstacles. The unlimited 'I' frees one from obstacles and makes one the destroyer of obstacles. The consciousness of the limited 'I' will make one get caught in the cycle of many 'I's', and the unlimited 'I' will free one from the cycle of many births. The unlimited consciousness of 'Mine' is—"My Baba". In this way all the limitations finish, don't they? So, consider yourself to be an incarnation having taken the medium of the body for performing acts of service. The Father has given you the body only on loan for service, so you cannot use it for any waste actions. Otherwise, it will create an account in which you have cheated Him as you have interfered with His property. An incarnation never creates waste accounts.

He comes—gives the message—and goes. Haven't all of you come in the Brahmin life just for the sake of doing service and giving the message? Brahmin birth is a birth of incarnation. It is not an ordinary birth. Therefore, always have this faith and intoxication that I am an elevated soul who has incarnated as a World Benefactor and a World Server. You have come here for a temporary period only and have to go back also. Do you remember that I have to go back? I am an incarnation who has come and has to go back? Only this consciousness will help you to become detached and give you the experience of unlimited achievements. On one hand to be detached and on the other hand to gain unlimited achievements. Are you able to experience both of these simultaneously? Aren't you an image of such an experience? Achha.

Today is the day of the meeting.

Instrument Teachers from all Centres

This is the gathering of souls who are the constant servers. Do you always consider yourselves to be the unlimited servers of the world? You are not limited servers, are you? All of you are the Unlimited, are you not?

If you were to be given the order to go any place, would you be ready for this? Are all of you the flying birds? Are you the birds who have flown above the branch of the consciousness of your own body? Or, does the branch of the consciousness of the body still sometimes pull you to itself? The branch that attracts to itself the most is that of the consciousness of the body. If old sanskaras or characteristics attract you to themselves, it means that this is body-consciousness. To say, "This is my nature, this is my sanskara", or "This is my life-style", or, "This is my habit", all these are the signs of body-consciousness. Are you the birds who have flown above this branch? This is then said to be the karmateet stage, in which there is no bondage at all. The meaning of 'karmateet' is not to be beyond

karma, but to be beyond the bondage of karma. Sometimes, in the bondage of the body there are actions performed in which you say, "This is my nature to live comfortably to eat at a particular time, to live in a particular way," and all these are aspects of the bondages of karma that draw to themselves; and so karmateet is to be beyond these bondages of karma, to be beyond these habits also. Because you are the instruments responsible, if those souls themselves who are instrumental are not detached from the sanskaras and nature of the body, from these bondages of karma, then how can others become free?

There is the suffering of karma through sickness of the body. And, in the same way, if there is any other bondage of karma that pulls to itself, then this is the suffering as well as the obstacle caused by that karma. Just as in bodily illness where the suffering of karma pulls to itself through pain, so that you say, "What can I do? I am okay but this suffering of karma is severe." in the same way, if any particular old sanskara or nature, or habit, pulls you to itself then this is also the suffering for karma. And so, any sort of suffering for karma will not allow you to be a karma yogi. So you have to go beyond this also.

All of you are the souls who are going to become number-one, are you not? The meaning of "number-one" is: one who wins in every situation. So there should be nothing missing at all. The significance of being a teacher is, through your own image, to be able to give the experience of Brahma Baba, the karmateet father, and of Shiv Baba, the One who is constantly detached and yet so loving. This is the speciality.

All of you are friends, are you not? How did you become friends? By becoming equal. Unless there is equality there cannot be friendship, and so all of you are Baba's friends, Godly friends. Friendship means to have equality, and also to follow in each footstep of the Father, because, although you are friends, you are also the lovers

of the One Beloved, and the lover constantly follows each footstep of the beloved. This is the custom here. In a marriage ceremony, what do they make them do? They make the one follow the other. Ask yourself how that system was created. You people created that system, but for you it is the foot of the intellect and they have interpreted it as the physical foot. You are the souls who are instrumental, and so you are the ones who fulfil the responsibility and the speciality of all relationships.

The ones who are instrument teachers have a much easier method than the others. Others still have to stay within certain relationships, but your relationship is that of service and Baba only. Even if there is a lokik task that you have to do yet you always have the awareness that as soon as the time comes, you will return to service, and whoever it is that you perform the lokik task for, still that One (Baba) is remembered automatically. Just as a lokik mother and father earn for the sake of their children and so automatically remember them in this way, so too, at the time that you are doing your lokik task, ask yourself who it is that you are doing it for. You are doing it for the sake of service, not for yourself. The more that you use for service, the greater the happiness you experience, and so never consider any task to be lokik service, but that even this is also a method for alokik service: the form is different, yet it is for service. Otherwise, just see: if your lokik service is not regarded as the method for alokik service, then there will be many other thoughts—“Where will I get money from? How will it come? I don't know what is going to happen.” All these kinds of thoughts will waste so much of your time, and so never ever have the thought, that this is a lokik job that I do, never say such words; instead have the thought that this is an alokik job, because it is also an instrument for service; then you will never feel it to be a burden. Otherwise, sometimes you become heavy, or tired, and you say, “How long will this last, what is going to happen?”

But in fact, this is also an easy method for all of you to be able to

create further fortune. Because there are three aspects: the body, the mind, and wealth, and if all three aspects are being used for service, then who will receive the fruit of these? Will you receive it, or will Baba? To create your fortune in all three ways means that you have additional fortune to that of others, and so never let yourself be heavy about this matter. Just simply change the consciousness: don't think of it as lokik but always consider it to be for alokik service. Do you understand? In fact, all of you are doubly-surrendered because you have surrendered with your wealth also, and everything is for the Father.

What is the significance of surrender? Surrender means: whatever you have is for the Father, that is, is for the sake of service. If there is anyone who thinks he is not surrendered raise your hands and we will celebrate a special ceremony just for them. (No-one raised their hands). You have already given birth to other children and then you say you have not surrendered? By all means celebrate the ceremony of your marriage day, but don't say that you haven't yet been married! What do you think? The whole group is surrendered in fact.

Baba praises the Double Foreigners

BapDada praised the double-foreigners, and also those who are the instruments responsible in the double-foreign places. This is not praise just for the sake of it, but Baba sees the special effort that is being made with such love. Effort is necessary, but, then, with the experience of love, it doesn't feel like labour. Just see: so many groups have been prepared and have come from far away. BapDada surrenders Himself to the children on seeing their effort. There is one speciality which is very good in the instruments responsible for service in the double-foreign lands. Do you understand what that speciality is? (Many answers were given to Baba). All the things that you have spoken of, now check yourself, and, if there is anything missing, then fill it in. The things that you have mentioned are all very good, but BapDada was telling you

that there is one particular speciality that has been seen in the double-foreign servers: that is, whenever BapDada gives them a direction then they always have the feeling that "We must definitely do this. We must show it in practical form; no matter how much effort we have to make for this." This aim is very good. Just as BapDada had told you to bring groups so all of you are now bringing groups. BapDada has said to do service of V.I.P.s and though at first you used to say that this is very difficult, yet, then, with the courage that "We have to do it," just see: for the past two years V.I.P.s have also been coming. You used to say, "It is very difficult to bring a V.I.P. from London," but now just see you have now also shown the practical proof of that courage. And this time the people of Bharat also brought the President. So, as soon as double-foreigners receive an instruction, they have the hope and the enthusiasm that they must fulfill this. This love is very good. Seeing the practical result, BapDada is giving praise.

Heir quality souls

To open centres is now something very old, and yes, that will continue, more will be opened, because, there, the methods that you have are very easy. You are able to go from one place to another, and open a centre. The same possibilities do not exist in Bharat. So, to open a centre is nothing very difficult. Therefore, now prepare very good heir quality souls. Firstly prepare heir quality souls, and, secondly, prepare such souls whose sound can reach everywhere. These things are now essential. There should be heir quality souls like yourselves who are ready to sacrifice their minds, bodies and wealth in the hope and inspiration of service, whose intellects become completely surrendered. Such is called an heir quality soul, and, so, find such souls. Let there be special attention on this. If there are such heir quality souls at every service centre, then such service centres will become number-one. Have this aim because one thing is to have those who are co-operative in service, and another is to have those who are fully surrendered. How many such heirs are there? Let there be such heirs at every service centre. To create Godly students and to make others co-

operative in service is easy; that list can be very long, but only a few become heirs. To be able to follow an instruction in the way that it is given, at the time that it is given, means to be an heir. And so have those aims to create the one and also the other. Because even one heir quality soul can become the instrument responsible to open many other centres, and if you have this aim you will see this happening in practical form. You have understood your speciality have you not? Achha.

Stability

Everyone is content. Or is it necessary to ask about this? You are the ones to give contentment to others, and so you yourselves must be content first. If sometimes you see that service is a little less, does that cause you upheaval? If, at any service centre, an obstacle comes, are you confused by that obstacle? For instance, if the biggest obstacle of all were to come, that is, if a very special student there, one of the best, becomes anti and starts disturbing others in service, would this cause you confusion? It is one thing to have feelings of mercy and benevolence for that soul, but another thing altogether to let your own consciousness fluctuate, due to wasteful thoughts. That is the stage of upheaval. Don't create a world through your own thoughts, because these thoughts are of upheaval and imbalance. Rather, have a stage which is steady and unshakeable. That does not mean to be uncaring, simply saying, "Nothing new", but to continue to serve and to be merciful to that one. Whilst not allowing any upheaval. So, neither be careless; nor allow any ill-feeling to come. There are both types of stages, and so no matter what the atmosphere or the environment may be, you must be steady and unshakeable.

Obedience

If you are given a suggestion by one who is an instrument responsible, are you confused by that: "Why are they saying this? How will this be possible?" Sometimes this vibration of a little confusion reaches Baba. The ones who are the instruments responsible have already experienced many things, and those who